Remote Control



TrioDocs Version: 0.4.0 Date: May 25, 2025

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# **Remote Control**

## Remote Control Overview

Trio can accept remote commands from *Nightscout* or from *LoopFollow*. There are a variety of options, but the final control of whether remote commands will be enacted rests with the Trio user. They can enable or disable remote control.

### Nightscout version must be 15.0.2 or newer

To properly display the OpenAPS pill with Trio 0.5.x (or newer), your *Nightscout* version must be 15.0.2 (or newer). If you do not see the expected treatments or pills in the *Nightscout* dashboard, follow the steps to Configure for OpenAPS.

The most powerful arrangement, for Trio 0.5.x (or newer), is to configure the *LoopFollow* app to use the Trio Remote Control (TRC) setting.

The limited use of remote control with *Nightscout*, i.e., entry of Carb Correction and Temporary Targets when Careportal is authenticated, continues to be supported with Trio.

NightscoutURL or App	Options
Careportal	Carb Correction Temporary Target Temporary Target Cancel

Additional remote capabilities are offered for Trio using the *LoopFollow* app with these versions:

- Trio 0.5.x (or newer)
- LoopFollow version 2.4.0 (or newer)

LoopFollow Remote Type	Options
Nightscout	Set and Cancel Temp Target
Trio Remote Control	Meal (Carbs or Carbs & Bolus) Bolus Temp Target Overrides

#### Particular States and Particular States (Particular States) How does this differ from Trio 0.2.x?

Trio can use Nightscout Careportal to enter Carb Correction, and start and cancel Temporary Target.

• This was available in Trio 0.2.x and continues to be available in Trio 0.5.x (or newer).

Trio 0.2.x supported other remote options (using announcements via Careportal).

- Those options were replaced by the more secure Trio Remote Control for Trio 0.5.x (or newer)
- Using announcements to provide remote control of the Trio phone is no longer supported

## Trio Remote Control

#### Default: OFF

Remote control must be enabled on the Trio phone or no remote information is accepted by the Trio phone.

You can search for this screen in Trio settings or go through the sequence: Trio, Settings, Features, Remote Control.

Once Remote Control is enabled, a Shared Secret is available. This is only used if you want to Configure *LoopFollow* Trio Remote Control.



When Remote Control is enabled on the Trio app and the *LoopFollow* phone is properly configured, you can add carbs, send boluses, set or cancel overrides or temporary targets from the *LoopFollow* phone to the Trio phone via *Apple* push notifications.

The SHARED SECRET should be copied from the Trio phone and added to the Shared Secret row of the LoopFollow Remote Settings screen as part of the configuration for using LoopFollow.

#### 🛕 Important

The ability for the Trio app to be remotely controlled will be **disabled** when Enable Remote Control is turned OFF, even if you have *LoopFollow* configured with the correct shared secret or your <u>Nightscout</u> URL has Careportal access. This is for the protection of the Trio user, so that they **always** are the primary controller of their insulin dosing app.

## LoopFollow Overview

Experienced *LoopFollow* users should still read this section - it touches on important configuration requirements for remote control.

The graphic below shows the LoopFollow features on the main screen of the app.



## LoopFollow Settings

You tap on the settings icon at the bottom right of the toolbar to configure *LoopFollow*. The setting screen is shown in the graphic below.

DATA SETT	INGS			
Units	mg/dL		mmol/L	
Nightsco	ut Settings			
Dexcom \$	Settings			
APP SETTI	NGS			
Backgrou	nd Refresh	Settings		
General S	Settings			
Graph Se	ttings			
Informatio	on Display S	ettings		
Alarms				
Remote S	Settings			
INTEGRATI	ONS			
Calendar				
Contact				
ADVANCED	SETTINGS			
Advanced	d Settings			
LOGGING				
View Log				
	S	hare Logs		
	RMATION			
Version				2.4.0
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Home	Remote	<sup>2</sup> Z Snoozer	Nightscout	Settings

## LoopFollow Data Source

You provide *LoopFollow* with information about the person you are following. At least one of these must be entered:

- Nightscout URL
- Dexcom Share credentials

## Add Nightscout

#### Mightscout Access

It is possible to have your *Nightscout* site readable by the world, in which case you do not need to add a token. If you choose to do that, just ignore references to entering the token below. The status will show up as OK (Read).

The only exception is if you choose to Use *LoopFollow Nightscout* Remote Control. In that case, you must have a token with careportal access.

For more information:

• Admin Tools in Nightscout

The <u>Nightscout</u> URL is required to enable display of the Information Table. It is recommended that you secure you <u>Nightscout</u> site so a token is required to view it. The type of token depends on the type of remote control desired. The table below indicates the minimum token access for each type of remote control available with Trio. When you enter your credentials, *LoopFollow* tries to reach the site and then provides the status.

LoopFollow Remote Type	Minimum Token Access	LoopFollow Status
None	Read	OK (Read)
Nightscout	Read & Careportal	OK (Read & Write)
Trio Remote Control	Read	OK (Read)

#### Po I need a token for Trio Remote Contol

The security for using *LoopFollow* Trio Remote Contol comes from the Shared Secret and the APNS credentials. Your *Nightscout* site can be readable by the world if you so choose. In that case, no token is required and status will appear as OK (Read).

The graphic below shows the display when you tap on the Nightscout Settings row.

To simplify setup, you can copy your <u>Nightscout</u> URL (including the token) from the Admin Tools in <u>Nightscout</u>. When pasted into LoopFollow URL row, the app will automatically extract and fill in both the URL and token.

Night	Done	
URL		
URL Enter URL with Token		
TOKEN		
Token		
STATUS		
Address Empty	Confirm acc	ess

## Add Dexcom

The graphic below shows the display when you tap on the Dexcom Settings row.

The *Dexcom* Share credentials are optional, but can be useful when the *Nightscout* URL is unavailable.

I	Dexcom Settings	Done
DEXCOM SETTI	NGS	
	Enter UserNa	me
Password	Enter Passwo	rd
US	NON-US	
Choose region		

## LoopFollow Remote Setting Type

The Remote Settings row in the *LoopFollow* Settings screen is used to select the type of remote access you wish to use.

	Remot	e Settings	Done
Remot	е Туре	Trio Remote Control	\$
Nights for the	None		le
Trio Re versior-	Nightscout		al
develo until su	✓ Trio R	emote Control	

#### The Trio Remote Contol option is not available

The Trio Remote Control option is only available in *LoopFollow* if you have already entered a <u>Nightscout</u> URL with a default profile recognized as a Trio profile. Review Troubleshooting for possible reasons for not seeing the option.

- Nightscout option
  - Remote control with LoopFollow is limited to starting and canceling Temp Targets
  - Available with Trio 0.2.x
- Trio Remote Control option
  - Remote control with *LoopFollow* includes adding remote carbs, enacting remote bolus, and starting and canceling Temp Targets and Overrides
  - Requires Trio 0.5.x (or newer) and *LoopFollow* 2.4.x (or newer)
  - Continue with Configure LoopFollow Trio Remote Control to finish the configuration process

## LoopFollow Remote Options

The LoopFollow app provides amazing display and alarm capabilities, whether remote control is enabled or not.

It can be used with the Trio or the <u>Loop</u> app with the <u>Nightscout</u> option for starting and stopping temp targets (Trio) or overrides (Loop).

The graphic below shows the top portion of the Remote Settings screen when None, Nightscout or Trio Remote Control is selected. The lower portion of the screen is found in the Guardrails section.

